

## An Exciting Update from **Dr. Shum:** Our practice has joined the Vytalize Health Accountable Care Organization (ACO)!

### Why did we join Vytalize Health's ACO and what is an Accountable Care Organization (ACO)?

Many hospitals today are consolidating, and remaining independent is becoming harder. Physicians have been forced to join their local hospitals, which can often lead to less time and attention with Medicare Beneficiaries.

A health care Accountable Care Organization (ACO) is a group of doctors, hospitals and other providers who work together to coordinate care for Medicare beneficiaries.

Vytalize Health's ACO supports our practice through a new model of health care that enables us to provide more personalized care while remaining independent.

### How does this benefit you as a Medicare patient?

**First & Foremost: We're still independent and will continue as your Primary Care Physician.**

By joining Vytalize Health's ACO, Medicare rewards our practice for taking a more proactive role in keeping our Medicare beneficiaries healthy and out of the hospital.

**Communication improves between our practice and your specialists**  
Providers can share information more easily to provide the best treatment.

**You get better care through closer collaboration between providers**  
You're less likely to get duplicate tests which can lower out-of-pocket costs.

**We look forward to providing you with an improved patient experience. Be well, and stay safe.**

### About Vytalize Health's ACO

Vytalize Health provides us with a Care Team that is similar to a "health concierge" for our Medicare beneficiaries. Their team of Care Guides can help you stay on top of your health in between appointments. Below are examples of optional services:



**24/7 Connected Care Team:**  
Concierge-like health service offering support and coordinated care between your other providers in between appointments.



**Tools To Track Your Health:**  
Devices to monitor your blood pressure, glucose and body weight. Our practice reviews your vitals to ensure your health is on track.



**Behavioral Health Support for Mind and Body Wellness:**  
Regular support with licensed social worker for your emotional health.

**Please feel free to contact Vytalize's Care Team at [care@vytalizehealth.com](mailto:care@vytalizehealth.com) to learn more.**