

AT-HOME HEALTH MONITORING

Monitor your overall health remotely without having to visit the office or the pharmacy.

Prescription medications often have side effects on your physical health. Although these are less common, it is important that your healthcare providers are able to look out for these. Your prescriber will get an update on your physical health every month to provide you with a tailored treatment plan.



HOW IT WORKS

- Athelas will ship you a box with connected health devices and train you on how to use them.
- Athelas will text you on a monthly basis, reminding you to test your vitals (i.e. blood sugar, weight, and blood pressure).
- (I) (II)
- Your test results will be sent directly to your doctor. Your doctor will be alerted if anything looks out of the ordinary that they may need to follow up on.



HOW TO SIGN UP

If you are interested in joining, let your prescriber know. They will send an order with your contact information to the Athelas Onboarding Team. The Athelas Staff will ship devices to you and contact you to schedule a time for a quick training.